

Litany of the Seven Sorrows of the Blessed Virgin

Lord, have mercy on us. *Christ, have mercy on us.*
Lord, have mercy on us. Christ, hear us. *Christ, graciously hear us.*
God, the Father of Heaven, *Have mercy on us.*
God, the Son, Redeemer of the world, *Have mercy on us.*
God, the Holy Ghost, *Have mercy on us.*
Holy Trinity, one God, *Have mercy on us.*

Mother of Sorrows, *Pray for us.*
Mother whose heart was pierced by a sword, *Pray for us.*
Mother who fled with Jesus into Egypt, *Pray for us.*
Mother who sought Him sorrowing for three days, *Pray for us.*
Mother who saw Him scourged and crowned with thorns, *Pray for us.*
Mother who stood by Him while He hung upon the Cross, *Pray for us.*
Mother who received Him into Thine arms when He was dead, *Pray for us.*
Mother who saw Him buried in the tomb, *Pray for us.*

O Mary, Queen of Martyrs, ** Save us by Thy prayers.*
O Mary, comfort of the sorrowful, * Through Thy maternal pity, *
O Mary, help of the weak, * Through Thy perfect resignation, *
O Mary, strength of the fearful. * Through Thy meritorious prayers, *
O Mary, light of the despondent, * From immoderate sadness, *
O Mary, nursing mother of the sick, * From a cowardly spirit, *
O Mary, refuge of sinners, * From an impatient temper, *
Through the bitter Passion of Thy Son, * From fretfulness and discontent, *
Through the piercing anguish of Thy heart, * From sullenness and gloom, *
Through Thy heavy weight of woe, * From despair and unbelief, *
Through Thy sadness and desolation, * From final impenitence, *

Preserve us from sudden death, ** We beseech Thee, hear us.*
Teach us how to die, * Aid us before the Judgement Seat, *
Help us in our last agony, * Mother of God, *
Guard us from the enemy, * Mother, most sorrowful, *
Bring us to a happy end, * Mother, most desolate, *
Gain for us the gift of perseverance, *

Lamb of God, Who takest away the sins of the world, *Spare us, O Lord.*
Lamb of God, Who takest away the sins of the world, *Graciously hear us, O Lord.*
Lamb of God, Who takest away the sins of the world, *Have mercy on us.*
Help us, O Blessed Virgin Mary, *In every time, and in every place.*

Let us pray. O Lord Jesus Christ, God and Man, grant, we beseech Thee, that Thy dear Mother Mary, whose soul the sword pierced in the hour of Thy Passion, may intercede for us, now, and in the hour of our death, through Thy merits, O Savior of the world, Who with the Father and the Holy Ghost livest and reignest, God, world without end. *Amen.*