



***MY SPIRITUAL PLAN OF ACTION FOR
THE SALVATION OF:***

[NAME]

1 Offer our daily Rosary for *him [her]*.

I will offer a 54-Day Rosary Novena from:

[START DATE]

[END DATE]

2 Offer Five First Saturdays for *him [her]*.

☐☐☐☐☐

3 Offer short prayers throughout the day.

4 Consecrate to the Immaculate Heart.

Consecration first made on

[DATE]

5 Perform sacrifices regularly.

Sacrifice: _____

6 Offer Masses, preferably in the traditional form.

7 Give them a Brown Scapular ☐

or place a Green Scapular in their home ☐

CONSECRATION OF LOVED ONES TO THE IMMACULATE HEART OF MARY

O Most Sorrowful and Immaculate Virgin Mary – the holiest, purest, noblest, greatest and inexhaustible fountain of goodness, sweetness, mercy and love and model of every virtue – O Queen of Heaven and Earth, Refuge of sinners, Mother of our Savior and our most loving Mother, God has willed to entrust the entire order of mercy to Thee.

I tender Thee the most profound homage of which I am capable and offer Thee my humble thanks for all the gifts I have received from Thy goodness.

Prostrate before Thee, I, an unworthy sinner, consecrate to Thy Most Sorrowful and Immaculate Heart, now and for eternity, the soul of my **[state relationship]**, **[Name]**. I place **N.** entirely in Thy unfailing maternal care. I beg Thee to come to *his [her]* aid, lest *he [she]* be lost, for Thou art our only hope. I ask this of Thee, dear Mother, with firm trust and confidence, for, as Thou knowest better than anyone, “nothing is impossible with God.” I unite this consecration with the infinite merits obtained by Thy Divine Son on Calvary, which are renewed in the Holy Masses offered for this intention.

O Holy Mary, may the Most Precious Blood of Thy Son, Jesus, come down upon **N.** to save *him [her]*. Do Thou deliver from every evil, fill with every virtue, preserve in grace until death, and grant to *him [her]* eternal life. Amen.

O Lord Jesus, in the name of Thy Most Holy Mother Mary, I consecrate **N.** to Thy Most Sacred Heart. I surrender *him [her]* to Thy sweet yoke and place *him [her]* at the foot of Thy Cross. O Infallible Word of God and Sweet Redeemer of men, I beg Thee to have mercy on and to save **N.** Amen.

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