**Aspirations Recommended for Passiontide**

The Cross is my sure salvation. The Cross it is that I worship evermore. The Cross of Our Lord is with me. The Cross is my refuge.

- St. Thomas Aquinas *(Raccolta 186)*

Hail, O Cross, our only hope. *(Raccolta 187)*

By the Sign of the holy Cross, deliver us from our enemies, O Our God.

- From the Roman Breviary *(Raccolta 188)*

We adore Thee, O Christ, and we bless Thee: because by Thy holy Cross Thou hast redeemed the world.

- Ambrosian Hymn *(Raccolta 191)*

Lord, I give Thee thanks for that Thou didst die upon the Cross for my sins.

- St. Paul of the Cross *(Raccolta 192)*

O good Jesus, within Thy wounds hide me.

- (Raccolta 199)

We therefore pray Thee, help Thy servants: whom Thou hast redeemed with Thy Precious Blood. — Ambrosian Hymn *(Raccolta 215)*

Eternal Father, I offer Thee the Most Precious Blood of Jesus Christ in atonement for my sins, and in supplication for the holy souls in purgatory and for the needs of Holy Church.

- (Raccolta 219)

May the Sacred Heart of Jesus be loved in every place.

- (Raccolta 223)

Divine Heart of Jesus, convert sinners, save the dying, deliver the holy souls in Purgatory.

- (Raccolta 229)

Heart of Jesus, burning with love for us, set our heart on fire with love of Thee.

- From the Roman Breviary *(Raccolta 225)*

Sweet Heart of Jesus, have mercy on us and on our erring brethren.

- (Raccolta 233)

Sacred Heart of Jesus, I give myself to Thee through Mary.

- (Raccolta 238)

Sacred Heart of Jesus, strengthened in Thine agony by an Angel, strengthen us in our agony.

- (Raccolta 239)

Holy Mother, pierce me through; in my heart each wound renew, of my Savior crucified.

- (Raccolta 375)

Mary most sorrowful, Mother of Christians, pray for us.

- (Raccolta 376)

Virgin most sorrowful, pray for us.

- (Raccolta 377)