

Aspirations Recommended for Passiontide

*The Cross is my sure salvation. The Cross it is that I worship evermore.
The Cross of Our Lord is with me. The Cross is my refuge.*

- St. Thomas Aquinas (*Raccolta* 186)

Hail, O Cross, our only hope.

(*Raccolta* 187)

By the Sign of the holy Cross, deliver us from our enemies, O Our God.

- From the Roman Breviary (*Raccolta* 188)

*We adore Thee, O Christ, and we bless Thee:
because by Thy holy Cross Thou hast redeemed the world.*

(*Raccolta* 191)

Lord, I give Thee thanks for that Thou didst die upon the Cross for my sins.

- St. Paul of the Cross (*Raccolta* 192)

O good Jesus, within Thy wounds hide me.

(*Raccolta* 199)

*We therefore pray Thee, help Thy servants:
whom Thou hast redeemed with Thy Precious Blood.* - Ambrosian Hymn (*Raccolta* 215)

*Eternal Father, I offer Thee the Most Precious Blood of Jesus Christ
in atonement for my sins, and in supplication for the holy souls in purgatory
and for the needs of Holy Church.*

(*Raccolta* 219)

May the Sacred Heart of Jesus be loved in every place.

(*Raccolta* 223)

*Divine Heart of Jesus, convert sinners, save the dying,
deliver the holy souls in Purgatory.*

(*Raccolta* 229)

Heart of Jesus, burning with love for us, set our heart on fire with love of Thee.

- From the Roman Breviary (*Raccolta* 225)

Sweet Heart of Jesus, have mercy on us and on our erring brethren.

(*Raccolta* 233)

Sacred Heart of Jesus, I give myself to Thee through Mary.

(*Raccolta* 238)

*Sacred Heart of Jesus, strengthened in Thine agony by an Angel,
strengthen us in our agony.*

(*Raccolta* 239)

Holy Mother, pierce me through; in my heart each wound renew, of my Savior crucified.

(*Raccolta* 375)

Mary most sorrowful, Mother of Christians, pray for us.

(*Raccolta* 376)

Virgin most sorrowful, pray for us.

(*Raccolta* 377)